

Preparing Your Child for Primary One



Student Development Team



Structure

Consists of a team of Year Heads, Assistant Year Heads and Level Managers.

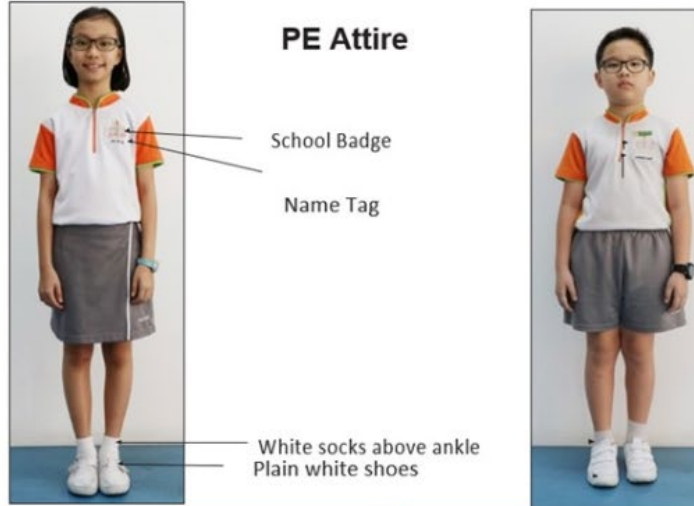
Purpose

Oversee the holistic development of the students; including building social-emotional competencies and cultivating values.

Preparing Your Child for Primary One

School Routines & some Practical Tips





The Girl's PE Attire

- School t-shirt (To be tucked in)
- School skort (**To be at knee length**)
- Name tag **below** the school crest
- Plain white shoes and socks
- Socks must be visible (No ankle socks are allowed)

The Boy's PE Attire

- School t-shirt (To be tucked in)
- School shorts
- Name tag **below** the school crest
- Plain white shoes and socks
- Socks must be visible (No ankle socks are allowed)

A Typical Primary One Timetable

Reporting time: Before 7.30 am

	Monday	Tuesday	Wednesday	Thursday	Friday
0745-0800	EL	Assembly/ FTGP	MA	MA	EL
0800-0830	EL	Assembly/ FTGP	MA	MA	EL
0830-0900	EL	EL	EL	EL	EL
0900-0930	RECESS				
0930-1000	ART	MU	EL	EL	MA
1000-1030	ART	MU	MT	MT	MA
1030-1100	MA	EL	MT	MT	EL
1100-1130	MA	EL	MT	MT	SS
1130-1200	MT	MA	PAL	EL	PE
1200-1230	MT	MA	PAL	EL	PE
1230-1300	MT (CCE)	MT	PAL	PE	MT
1300-1330	MT (CCE)	MT	PAL	PE	MT

*Snack Break: 11.30 am to 12.30 pm
(10 min)*

Recess (9 am – 9.30 am)



Food Stalls

- 2 halal food stalls
- 3 non-halal food stalls
- 1 snack and drinks stall

Recommended amount for pocket money:
\$2.50

Each rice/noodles set costs \$2

Please teach your child to count money...



Recess (9 am – 9.30 am)



Recess (9 am – 9.30 am)



Recess (9 am – 9.30 am)



Recess (9 am – 9.30 am)



Recess (9 am – 9.30 am)



P1 Orientation Tote Bag



POSB Smart Buddy Programme

We are a Smart Buddy enabled school.
The start date for Primary 1 students is in Term 4 (Mid-September 2024)



Dismissal Points



Three dismissal points: **Foyer, Gate D, Void Deck (Gate C)**

Plastic name tags with lanyards will indicate your child's dismissal point.

Please ensure that the information is correct.



Dismissal Points - Foyer



Pick up by private transport allowed only after 1.45 pm when the school buses have left the school premise.

Dismissal Points – Void Deck



Gate C

Opening Hours:

Gate C

6.40 am to 7.20 am

1.20 pm to 1.50 pm

Dismissal Points – Gate D



Opening Hours:

Gate D

6.40 am to 7.30 am

1.20 pm to 1.50 pm

Dismissal Arrangement



In the case of a change in your child's dismissal venue, please ensure that you:

- Communicate the information with the form teachers through the Student Diary.
- Role-play with your child: How to show his/her form teacher the note and take ownership of this task
- Familiarise your child with the gate that he/she is supposed to go.

Snack Break



Healthy choices like wholegrain sandwiches, nuts, biscuits, fruits and granola bars are strongly encouraged.

Try '*Snack Break*' at home!



Personal Belongings



Label... label... label... Use permanent markers!

Label shoes, school uniform, wallets, purses and most importantly, stationery!

Label all pencils, erasers, rulers, colour pencils, pencil case

Do not buy expensive, flashy stationery!



First Day of School



What to Bring:

- Pencil case: Two pencils, sharpener, eraser and ruler
- Colour Pencils
- Storybook: paperback not hardcover
- Snack box

Subject teachers would give instructions on what books to bring thereafter. (See also Parents' Information Kit for more information)

Transition Help: Parents' support

What are the tasks that my child should be able to do independently?

- Personal hygiene e.g. going to the toilet, hand washing, tying shoe laces
- Spatial Awareness e.g. know where he/she is in relation to his environment, look out for traffic
- Take care of personal belongings
- Organising school bag
- Counting money and receiving change
- Asking for permission politely



Family time is important

to be **involved** in
your child's **learning**
experiences to help h
im or her develop
social and emotional
skills



for **fostering** strong
family **bonds** to support
your child's **character**
development

for **encouraging** your
child to have
confidence and build
resilience



Calling out to all P1 parents!

Want to learn how to support your child's transition from preschool to P1?

Want to learn effective ways to manage your child's behaviour?

Want to lay down the foundation for strong parent-child relationship?



THEMATIC ONLINE POSITIVE PARENTING PROGRAM

TRANSITION TO PRIMARY SCHOOL

CHIJ OUR LADY GOOD COUNCIL

Starting Primary school is an exciting milestone in a child's development. It opens up opportunities to forge new friendships, learning and growth.

On the other hand, the child has to face increased academic demands, adjust to a new environment, and exercise a greater degree of independence. How can parents best support them and set them up for success?

- FULLY SUBSIDISED -



SUPPORTING YOUR CHILD THROUGH TRIPLE P

- Positive Parenting Program (Triple P) is a preventative parenting program that focuses on the child's development.
- Helps parents lay a good foundation.
- It will address transition issues the child may be facing.
- The 1st session is held onsite which allows parents to meet each other parents in the same cohort.
- The 2nd session is held online for parents' convenience.
- Conducted by experienced & certified Family Life Educators.
- Complimentary tip sheets will be given to parents who attend both sessions.





SEMINAR DETAILS:

SEMINAR 1: THE POWER OF POSITIVE PARENTING & RAISING CONFIDENT, COMPETENT CHILDREN

13th January 2024, Saturday, 9am to 11.30pm

SEMINAR 2: RAISING RESILIENT CHILDREN

27 January 2024, Saturday, 9am to 11am
(Zoom Session)

Closing date for registration is
26 December 2023, Tuesday

(Limited slots only, on first come first served basis)



To register, click on link below or scan QR code
<https://go.gov.sg/mws-north-2024-ptr6>

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For more information on Triple P, please visit: <https://www.triplep-parenting.net/global/triple-p/>

